

South Okanagan Mental Health (MH) and Substance Use (SU) Programs

Access points screen to determine if person meets MHSU mandate and best program fit.
 Inclusion: meets high moderate-severe MHSU functionality mandate
 Exclusion: private health benefits for some programs

Access
 Monday - Friday
 8:30am-4:30pm

Substance Use Connections
 7 days/week
 8:30am-4:30pm

Crisis Response Team
 7 days/week
 9:00am-11pm
 492-4000 (ask for CRT)

Integrated Crisis Response Team
 7 days/week
 8:00am-8:00pm
 Call RCMP non-emergency line or 911

Inpatient Psychiatry Unit Transition to Community

SU Counselling

Adult Day Treatment
 -require IH or Private counsellor

Integrated Treatment Team
 -SU counselling with flexible delivery for working people
 -direct referrals

After Care
 -post facility base/bed based treatment not previously connected to counselling services

Substance Use Counselling

Supported Recovery Bed Counsellor
 -counselling to people in the Bridge Supported Recovery Bed program

SU Case Management

Substance Use Outreach
 -SU support for people with psychosocial instability

Adult Intensive Case Management
 -severe SU and requires intensive case management support

Withdrawal Management

Outpatient Withdrawal Management
 -19+ with exclusion/inclusion criteria

SU Overdose Prevention

Episodic Overdose Prevention
 -16+ at Downtown MHSU
 -Call 250-770-3697 for hours

Overdose Prevention Nurse
 -people at risk of overdose
 -education around overdose

Nurse Prescriber
 -16+, prescriber for Opioid Agonist Therapy
 -referral

MH Counselling

Counselling and Treatment
 -short term MH counselling

MH Case Management

Early Psychosis Intervention
 First break

Treatment, Support and Recovery
 -serious and persistent MH and requires case management

Seniors Mental Health and Substance Use
 - MHSU with cognitive impairment and requires case management

Assertive Community Treatment
 -severe MH symptoms/ impairments and has higher levels of case management needs

Youth SU Programs 12-24

Early Intervention School Program
 -referrals - School District 67

Youth Day Treatment
 -require IH or Private counsellor

Youth Substance Use Counselling

Youth Intensive Case Management
 -severe SU and requires intensive case management support

Additional information available upon request. Contact Access Points in green above.